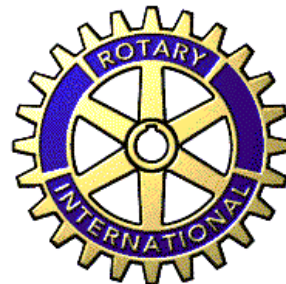




The Weekly Squeak

March is "Community Service Month"



The Anaheim Rotary Newsletter
March 15, 2004

Opening

Mary welcomed us, as usual, and Norm lead us in "When Irish Eyes are Smiling"...which kicked off another great week of Anaheim Rotary. Loretta Sanchez-Brixey was on hand to give us a quick, yet informative, update on Congress. The budget debate has started for next year, as well as discussion on the new transportation bill, and Iraq. No matter what side of the isle you are on, it promises to be an interesting and spirited debate over the next few months. Thanks Loretta for your insights! Jerry Austin was visiting and gave a report on his new position at Mt. SAC and his recent 50th Birthday... always great to see old friends! We also had updates on the Rotary Foundation dinner this past Sunday and the up coming Donkey Basketball game.



Surprise guests
and dear friends
Congresswoman
Loretta Sanchez-
Brixey and Jerry
Austin



Program Highlights

We had our very own Dr. John Sawamura speak about the "Weekend Warrior"... and how we might cope with our weekend excesses.

SCHEDULED MEETINGS AND DATES TO REMEMBER

Saturday, March 20, 2004

5th Annual Anaheim Donkey Basketball

Monday, March 22, 2004

Program: Gene Lassers "Howard Hughes"

Monday, March 29, 2004

Program: Tasneem Watts "Teen Services"

April 3, 2004

Boys & Girls Club "Hats Off to Kids" Gala

April 15-25, 2004

Belize International Service Project
(Harris Done Dental Clinic)

April 19, 2004

City of Anaheim Good Friday Breakfast

Saturday, May 8, 2004

Paul O'Connell's Spring Social

May 23-26, 2004

Rotary International Convention in Osaka Japan

John had some very good advice that included information about exercise, stretching, nutrition and even H2O... (yes, water – its not all the same!) There was lots of good Q&A and great tips from our resident Chiropractor... THANK YOU John!



This week's
program was
conducted by our
very own
Dr. John
Sawamura!

Donkey Basketball

Barbara and Gary from Kiwanis were on hand to “challenge” us, and promise that this year’s game will be different than the past... (we’ll see). Doc encouraged anyone wanting to ride to let him or Jayne Jones know ASAP... and he also asked for everyone’s support for the big game this Saturday.



*Special guests and
visiting Kiwanians
Gary and Barbara
invite us to this
Saturday’s game!*



Where: Brookhurst Jr. High
601 N. Brookhurst

When: Saturday, March 20

Cost: \$5.00 per ticket

Time: Noon

**Doors open at noon
for a tasty
bar-b-que lunch!!!**



Happy/Sad Bucks



Mike Baker for his old alumni-mater, Albany State, and he also recognized fellow Rotarians Michelle and Paul...

Lucille for St. Joseph’s College (near Philly), and Norm for his grandkids and Disneyland.

4th Annual Cheryl Mussche Walk Against Cancer

When: Saturday, April 17, 2004

Where: La Palma Park (Harbor/La Palma)

Time: Sign-In 9:00 AM

Actual Walk: 10: – 11 AM

Pick up your pledge sheet and join the Anaheim Rotary team participating in this year’s event. Contact Greg Smith for more information!

District 5320 Assembly

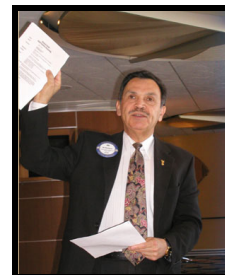
Vic reminded us about the District Conference April 3rd... see him for registration information.

When: Saturday, April 3

Time: 8:00 AM

Where: Chapman University

*President-Elect Vic Dominguez
reminds the
2004/05 board members about
this year’s
District 5230 Assembly.*



The Rotarian’s
FOUR-WAY TEST
of the things we think, say or do

Is it the **TRUTH**?

Is it **FAIR** to all concerned?

Will it build **GOODWILL**
and **BETTER**
FRIENDSHIPS?

Will it be **BENEFICIAL** to
all concerned?

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worth enterprise and, in particular, to encourage and foster:

1. The development of acquaintance as an opportunity for service;
2. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian’s occupation as an opportunity to serve society;
3. The application of the ideal of service in each Rotarian’s personal, business, and community life;
4. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

THE ANAHEIM ROTARY

Meetings are held every Monday,
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